

Although schools are operating in a different way to normal, safeguarding is still our priority. All of our staff undergo annual child protection and safeguarding training but we have some members of our community with responsibility for this area.

Mrs D Burnett , Head Teacher –
Designated Safeguarding Lead (DSL)

Mrs K Allum, SENDCo –
Designated Safeguarding Lead (DSL)

Ms H Jeffs – Governor with responsibility for safeguarding

If you have any concern about a child please contact the DSLs via the school office:

01798 865419

office@fittleworth.school asking us to call you back to discuss your worry.

If you believe a child is at risk of immediate significant harm, you can contact the Multi Agency Safeguarding Hub (MASH Team) directly. This team work alongside the Police.

01403 229900

(Out of Hours – 0330 222 6664)

or the Police directly on 999.

Safeguarding during school closures



- A guide for parents and carers

Online Bullying and Abuse – what to do:

1. Talk openly with your child about the dangers and what they should do if they see or hear something on their devices.
2. Really listen if they have a worry and be guided by the child about what they think should happen next. Be positive and try not to focus on negative retaliation. Be patient, as parents you cannot always 'just fix things' the best thing you can do is to help your child develop some independence too.
3. Work out next steps together whether this is reporting a concern directly to the network provider or contacting us as a school.
4. Keep the evidence and take screen shots.

If you are concerned about online abuse you can find information and report it here,

National Crime Agency's

<https://www.ceop.police.uk/safety-centre/>



Many families are now using online resources and the internet for learning at home. The links below will help you to keep your child / children safe online.

[Thinkuknow](#) provides advice from the National Crime Agency (NCA) on staying safe online

[Parent info](#) is a collaboration between Parentzone and the NCA providing support and guidance for parents from leading experts and organisations

[Childnet](#) offers a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support

[Internet matters](#) provides age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world

[London Grid for Learning](#) has support for parents and carers to keep their children safe online, including tips to keep primary aged children safe online

[Net-aware](#) has support for parents and carers from the NSPCC, including a guide to social networks, apps and games

[Let's Talk About It](#) has advice for parents and carers to keep children safe from online radicalisation

[UK Safer Internet Centre](#) has tips, advice, guides and other resources to help keep children safe online, including parental controls offered by home internet providers and safety tools on social networks and other online services.

Be Smart, Stay Safe

Online

The internet can be fun and a great way to chat, share files and listen to music.

But remember to *be smart and stay safe!*

Keep personal info like mobile number and address to yourself.

Not all people you meet online are real or honest.

If you publish a pic or video ANYONE can change or share it.

Remember you can block people you don't know in chat and Instant Messenger.

If you find anything that makes you uncomfortable online tell an adult you trust like a parent or teacher.

REPORT ABUSE

For more information visit:
www.thinkuknow.co.uk

Pastoral Care and Wellbeing

Even though we may not be seeing all of our children regularly, we are thinking of them all and we are still here for them and their families. Please check our website regularly – we will be posting messages to keep the spirits up as well as work for the children.

You may receive a phone call from us or letters – we love to hear back. Then we know that you are all okay too.

There are some important things you can do at home to help with wellbeing such as making a plan for the week and having a structure really helps.

This plan should include:

Time for education using the resources we provide as well as others readily available such the BBC Bitesize Daily lessons.

A time for the family to play – this is when children develop so many important skills such as taking risks and problem solving.
A time to relax – this is so important to help reduce stress and anxiety for families.

A time to be outdoors in nature. Fresh air and sunshine is needed to stay healthy.

A clear bedtime routine – we all need our sleep so that our bodies can recuperate and stay well.

Further information is set out in [Public Health England's guidance for parents and carers,](#)

If you are worried about the financial impact that Covid-19 is having on your family, please do not hesitate to contact us at school –we will be able to signpost you to support.

